



SSM EYE RESEARCH FOUNDATION

(a registered Charitable Trust
Registration No.CIT/CHN/12A/Tech-91/2005-06)

ACTIVITY REPORT 2016

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SSM Eye Research Foundation, registered as a Public Charitable Trust, is a non-profit organization. The foundation thrives on donations from people who care. Donations are eligible for exemption under Section 80G of the Income Tax Act. Donations received in the trust are utilized for treating the underprivileged and for conducting the outreach programs. We remain indebted to our patients, bystanders and well-wishers whose donations to the SSM Trust immensely helped the trust to effectively conduct the community outreach programs.

The trust was constituted with the following objective of serving the less privileged members of our society, viz.

- Cataract surgery with intra-ocular lens implantation for people below poverty line.
- Outreach programmes in rural areas to create awareness about common eye diseases leading to blindness-Cataract, Diabetic Retinopathy and Glaucoma.
- School screening programme for testing vision in primary school children.
- Diabetic Retinopathy awareness and screening camps.
- Support charitable eye clinics.
- Establishment of a centre for rehabilitation of the visually handicapped.
- Providing fully-equipped mobile eye unit for villages and remote areas for comprehensive eye examinations.

Towards this end, its founders launched several outreach and in-house programmes in association with various NGOs under SSM Eye Research Foundation through Giridhar Eye Institute, all of them free of cost.

OUTREACH SUMMARY 2016

Month	No of Camps Held	No of Patients Screened	No of Free Surgeries done
January	05	271	55
February	07	495	77
March	04	156	72
April	05	212	83
May	06	368	86
June	06	393	71
July	09	484	72
August	07	380	87
September	06	348	35
October	23	5248	88
November	08	701	98
December	08	605	93
TOTAL	94	9661	917

SUMMARY OF COMMUNITY ACTIVITIES : 2006 - 2016			
Year	No of Camps conducted	No of Patients Screened	No of free Cataract Surgeries Done
2006	66	8163	249
2007	54	5625	301
2008	23	1989	67
2009	44	4882	176
2010	69	7596	373
2011	76	6987	383
2012	89	6643	353
2013	70	4144	404
2014	69	5661	611
2015	71	5210	738
2016	94	9661	917

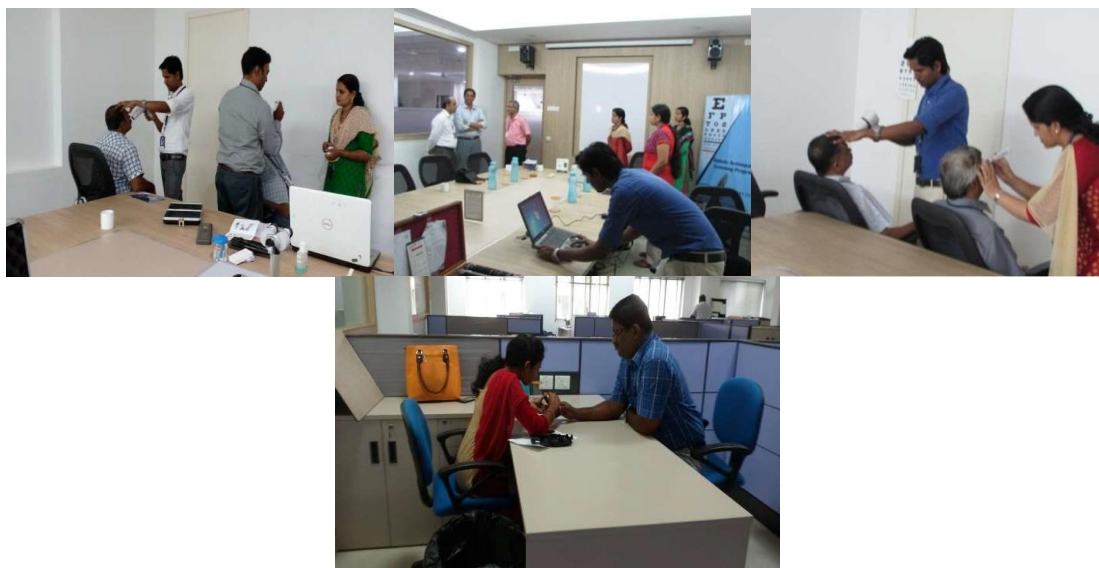
Details of Main Outreach Programs held in 2016

- On 6th February 2016, Giridhar Eye Institute and SSM Eye Research Foundation jointly conducted an eye screening program in association with “Vayomithram”, a Kerala Government initiative for old aged people. 110 senior citizens were screened and 77 were referred to base hospital for further check-up and management. After detailed check-up 11 patients underwent cataract surgery with IOL at free of cost.



- The 2nd screening program of “Vayomithram” was held on 22nd February 2016 at Ponekkara. 33 senior citizens were screened at this camp and 21 were referred for detailed check-up. 6 persons were benefitted from this camp with cataract surgery with IOL at free of cost.

3. Started a Diabetic Retinopathy screening program on 1st July 2016 for working class people at their workplace. A non-mydratic fundus camera is used for screening the staff which involves no dilatation which is inevitable for a retinopathy check-up. Staff can continue their routine job immediately after the screening. The first such screening was held at Malayala Manorama Ernakulam unit. The team screened 53 employees and referred 5 staff for further check-up and management. The workplace diabetic retinopathy screening program was inaugurated by Dr A Giridhar, Trustee, SSM ERF.



4. In the multispecialty screening “Medipress 2016” organized on 7th August 80 people were screened with different eye ailments. The participants include public, journalists and their dependents.



5. In October 2016, the leading newspaper “The Hindu” came forward to collaborate with Giridhar Eye Institute and SSM Eye Research Foundation for screening children in lower primary schools – aided, un-aided, CBSE, etc. 17 schools were covered in two months’ time and 5293 students were screened in Ernakulam District. 1115 students were identified with visual abnormalities and school authorities were informed of the same for further action.

S.No.	Date of Screening	School where screening held	Total Students screened	Problems identified
1	04.10.2016	Greets Public School, Kaloor	128	28
2	04.10.2016	St. Antony's School, Kacheripady	159	35
3	05.10.2016	St. Teresa's CGLP School	522	107
4	06.10.2016 & 04.11.2016	Gregorian Public School, Maradu	506	97
5	07.10.2016	Our Lady Convent School, Thoppumpady	457	136
6	17.10.2016 & 03.11.2016	SBOA, Vaduthala	606	132
7	18.10.2016	Vyasa Vidyalaya, Palachuvadu	160	29
8	19.10.2016	Govt. HSS Elamakkara	173	27
9	20.10.2016	Govt. UPS, Padamugal	74	11
10	20.10.2016	Govt. LPS Padivattom	24	9
11	21.10.2016	St. Abert's School, Banerji Road	216	44
12	24.10.2016	MGM School Vattukunnu	514	79
13	25.10.2016	Chinamaya Vidyalaya	633	121
14	27.10.2016	Anjumana English Medium School, Vennala	122	34
15	27.10.2016	Govt. Primary School, Vennala	195	45
16	28.10.2016	Saraswathy Vidyanikethan, Elamakkara	504	111
17	10.11.2016	Christ King Convent LP School, Ponnurunni	300	70
		TOTAL	5293	1115





- On the occasion of World Sight Day 2016, SSM trust and its parent unit Girdhar Eye Institute jointly adopted Chellanam Grama Panchayat, one of the backward local bodies in Ernakulam with a population of 40,000 residents, for providing ophthalmic treatment to Below Poverty Line (BPL) residents free of cost for a period of one year from October 2016. Chellanam has been considered as one of the most backward local body in Ernakulam district in terms of socio economic status and health care facility. Regular camps for awareness and diagnosis would be conducted in the wards and schools in the panchayat area every month. Those who are certified as eligible for treatment (BPL) by the panchayat authorities would benefit by this scheme.

It is the first of its kind project in Kerala and the special features of this project are given below.

- ✚ This project will cover entire population of Chellanam (40000 approximately) in the sense of eye screening and provide free ophthalmic treatment to more than 3500 BPL families.
- ✚ Regular eye screening programs and awareness sessions will be conducted ward wise with the support of concerned ward member.
- ✚ Every primary school will be screened as part of this project.
- ✚ Panchayath members are authorized to write referral letter for the BPL people from their area to avail free treatment.



On 23rd October 2016 Kochi MLA Shri K J Maxi inaugurated the project and so far 25 surgeries, three intra vitreal injections and 33 investigation procedures were completed under this project.

Eye hosp adopts grama panchayat

TIMES NEWS NETWORK

Kochi: A private hospital in the city has adopted Chellanam panchayat, one of the backward local bodies in Ernakulam, for providing ophthalmic treatment to below poverty line (BPL) residents free of cost.

Giridhar Eye Institute adopted the panchayat as part of the World Sight Day that was observed on October 13. MLA K J Maxi inaugurated the programme on Sunday.

Outlining the programme, Dr A Giridhar, medical director, Giridhar Eye Institute, said that regular camps for awareness and diagnosis would be conducted in the wards and schools in the panchayat area every month.

Under the scheme, those who are certified as eligible for free treatment (BPL listed) by the panchayat authorities could report directly to the hospital and avail treatment.

"The programme needed full participation and cooperation of the panchayat and the residents," said Giridhar.

Mercy Jose, president of Chellanam grama panchayat presided.

"Currently there are 40,000 residents in the panchayat. The needy can approach the hospital with a letter from the ward member for availing the service," Jose said.

• മലക കൗട്യാദിനം അനുസരിച്ച് ഗിരിധർ ഐ.ഇ.ഐ.യിൽ ഗ്രാമ പഞ്ചായത്ത് ഏറ്റെടുത്ത് നടപ്പിലാക്കുന്ന സൗജന്യ ചികിത്സ പദ്ധതിയുടെ ആദ്യ ഘട്ടം. ഗ്രാമ പഞ്ചായത്തിൽ കെ.ജെ. മാക്സിയിൽ ഏറ്റെടുത്തു നടപ്പിലാക്കുന്നു.

ലോക കാഴ്ചദിനം: സൗജന്യ നേത്രചികിത്സാ പദ്ധതിക്ക് തുടക്കം

കൊച്ചി: മലക കൗട്യാദിനം അനുസരിച്ച് ഗിരിധർ ഐ.ഇ.ഐ.യിൽ ഗ്രാമ പഞ്ചായത്ത് ഏറ്റെടുത്ത് നടപ്പിലാക്കുന്ന സൗജന്യ ചികിത്സാ പദ്ധതിയുടെ ആദ്യ ഘട്ടം. ഗ്രാമ പഞ്ചായത്തിൽ കെ.ജെ. മാക്സിയിൽ ഏറ്റെടുത്തു നടപ്പിലാക്കുന്നു.

പഞ്ചായത്തിലെ വിവിധ സ്കൂളുകളിലും നികത്തുകളിലും കൗട്യാദിനം പദ്ധതിയുടെ ഭാഗമായി സൗജന്യ സൗകര്യങ്ങൾ നൽകുന്നതിനായി ഗിരിധർ ഐ.ഇ.ഐ.യിൽ ഗ്രാമ പഞ്ചായത്ത് ഏറ്റെടുത്ത് നടപ്പിലാക്കുന്ന സൗജന്യ ചികിത്സാ പദ്ധതിയുടെ ആദ്യ ഘട്ടം. ഗ്രാമ പഞ്ചായത്തിൽ കെ.ജെ. മാക്സിയിൽ ഏറ്റെടുത്തു നടപ്പിലാക്കുന്നു.

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എൽ. ജോർജ്ജ് തിരുവനന്തപുരം സർവ്വകലാശാലയിൽ സൗജന്യ സൗകര്യങ്ങൾ നൽകുന്നതിനായി ഗിരിധർ ഐ.ഇ.ഐ.യിൽ ഗ്രാമ പഞ്ചായത്ത് ഏറ്റെടുത്ത് നടപ്പിലാക്കുന്ന സൗജന്യ ചികിത്സാ പദ്ധതിയുടെ ആദ്യ ഘട്ടം. ഗ്രാമ പഞ്ചായത്തിൽ കെ.ജെ. മാക്സിയിൽ ഏറ്റെടുത്തു നടപ്പിലാക്കുന്നു.

